National Championship 2013			
Date of the Event:	18-23 June 2013		
Venue of the competition:	Changchun, Jilin Province, China		
Hong Kong Team Delegation:	KFHKCL Referee Council Chairman Mr. Li Hung Kee		
Hong Kong Team Leader:	Mr. Cheung Shiu Kwong		
Hong Kong Team Referee:	KFHKCL Referee Council Chairman Mr. Li Hung Kee		
Hong Kong Team Coach:	Mr. Cheung Shiu Kwong & Ms. Man Yuen Yi		
Hong Kong Athletes:	13 Male & 5 Female		
Tournament Results:	1 Gold, 3 Silver & 4 Bronze		
Event	Athlete	Result	No. of Competitor/ Regions
Male Senior Ind. Kata	Hau Chun	5 th Place	12p / 4 Regions
Male Senior Ind. Kata	Hung Ho Wai Howard	Bronze	12p / 4 Regions
Male Senior Ind. Kata	Tse Chi Pan	Bronze	12p / 4 Regions
Male Senior Ind. Kata	Hung Ka Long	5 th Place	12p / 4 Regions
Male Senior Ind. Kumite Below 55kg	Hung Ka Long	7 th Place	12p / 9 Regions
Male Senior Ind. Kumite Below 60kg	Cheng Man Hon		12p / 8 Regions
Male Senior Ind. Kumite Below 60kg	Lai Ka Ho		12p / 8 Regions
Male Senior Ind. Kumite Below 75kg	Lee Chung Fai	7 th Place	13p / 7 Regions
Male Senior Ind. Kumite Below 75kg	Cheung Hon Leung		13p / 7 Regions
Male Senior Ind. Kumite Below 84kg	Ng Hiu Leong		12p / 7 Regions
Male Senior Ind. Kumite Below 84kg	Yip Yick Hong	Silver	12p / 7 Regions
Male Junior Ind. Kumite Below 61kg	Fung Ho Hin	5 th Place	12p / 7 Regions
Male Junior Ind. Kumite Below 68kg	Chan Kin Shing	5 th Place	11p / 8 Regions
Male Junior Ind. Kumite Below 76kg	Lai King Chung	Silver	4p / 3 Regions
Female Senior Ind. Kata	Wu Lok Man	Gold	9p / 6 Regions
Female Senior Ind. Kata	Wong Wing Kwan	Silver	9p / 6 Regions
Female Senior Ind. Kata	Yip Ching Yee	Bronze	9p / 6 Regions
Female Senior Ind. Kata	Lau Mei Wa	5 th Place	9p / 6 Regions
Female Senior Ind. Kumite Below 61kg	Chan Pui Ho	Bronze	4p / 3 Regions