

Update Timetable for

H.K. Preliminary Athlete Training in October, November & December 2018:

Kata & Kumite Lesson

Venue: Hong Kong Park Sports Centre Activity Room I & II

Address: 29 Cotton Tree Drive, Central, Hong Kong.

地址: 香港中環紅棉路二十九號

Kata & Kumite Lesson

Tuesday	Friday
7-9pm	8-10pm
02/10/2018	05/10/2018
09/10/2018	12/10/2018
16/10/2018	19/10/2018
23/10/2018	26/10/2018
30/10/2018	02/11/2018
06/11/2018	09/11/2018
13/11/2018	16/11/2018
20/11/2018	23/11/2018
27/11/2018	30/11/2018
04/12/2018	07/12/2018
11/12/2018	14/12/2018
18/12/2018	21/12/2018
	28/12/2018