

**Update Timetable for**  
**H.K. Preliminary Athlete Training in September 2019:**  
**Kata & Kumite Lesson**  
**Venue: Queen Elizabeth Stadium Function Room II**

**Address: 18 Oi Kwan Road, Wan Chai, Hong Kong**  
**地址: 香港灣仔愛群道 18 號**

**Kata & Kumite Lesson**

<b>Tuesday</b>	<b>Sunday</b>
<b>6:00-7:30pm</b>	<b>6:00-7:30pm</b>
<b>03/09/2019</b>	<b>08/09/2019</b>
<b>10/09/2019</b>	<b>15/09/2019</b>
<b>17/09/2019</b>	<b>22/09/2019</b>
<b>24/09/2019</b>	<b>29/09/2019</b>

*Rev. 03-07-2019*