

Update Timetable of Feeder System Scheme –
Pre-Squad Training Programme in January to March 2025:
香港初級代表隊培訓計劃 – 初級代表隊更新訓練時間表(2025年1-3月)

Kata & Kumite Lesson

Venue: Hong Kong Park Sports Centre 香港公園體育館

**Address: 1/F Activity Room & Dance Room 29 Cotton Tree Drive,
Central, Hong Kong.**

地址: 香港中環紅棉路29號1樓活動室及舞蹈室

Kata & Kumite Lesson

Tuesday	Friday
7-9pm	8-10pm
	03/01/2025
07/01/2025	10/01/2025
14/01/2025	17/01/2025
21/01/2025	24/01/2025
04/02/2025	07/02/2025
11/02/2025	
18/02/2025	21/02/2025
25/02/2025	28/02/2025
04/03/2025	07/03/2025
11/03/2025	14/03/2025
18/03/2025	21/03/2025
25/03/2025	28/03/2025